



# Bear Tracks

## May 4 - 8, 2026

[www.mbs.sd23.bc.ca](http://www.mbs.sd23.bc.ca)  
 Instagram:  
 @mbssbears  
 @humansofboucherie

### *"Golden Age of Boucherie"*

#### **This Week**

<b>May 4</b> 5/6-7/8	8 am – AP Biology Exam (Nickel) 9 am – Law Studies 12 to Kelowna Law Courts (Schulz) 12:00 – Golf Academy to Sunset Ranch Golf Course (Carter/Rogall) 12:40 pm – Mountain Biking to Smith Creek (Green)
<b>May 5</b> 1/2-3/4	<b>MBSS Walk for Mental Health Day!</b> <b>Red Dress Day</b> 8 am – AP Chemistry Exam (Green) 9 am – Law Studies 12 to Kelowna Law Courts (Schulz) 9:10 am – Mountain Biking to Knox Mountain (Green) 3:15 pm – Track Team to Apple Bowl (McIlmoyle, Massey, Strinholm)
<b>May 6</b> 5/6-7/8	8 am – AP Literature Exam (Bolivar, Wowchuk) 12:00 – AP Physics Exam (Driscoll) 12:40 pm – Mountain Biking to Smith Creek (Green)
<b>May 7</b> 1/2-3/4	
<b>May 8</b> 5/6-7/8	12:40 pm – Mountain Biking to Smith Creek (Green)

#### **Next Week**

<b>May 11</b> 3/4-1/2	8 am – AP Calculus Exam (Nickel) 12:40 pm – Mountain Biking to Smith Creek (Green)
<b>May 12</b> 7/8-5/6	9 am – Track Team to Apple Bowl for Zones (McIlmoyle, Massey, Strinholm) 9:10 am – Mountain Biking to Knox Mountain (Green) 12:00 – Golf Academy to Gallagher's Canyon Golf Course (Carter/Rogall) 12:30 pm – Law Studies 12 to Kelowna Law Courts (Schulz)
<b>May 13</b> 3/4-1/2	8 am – AP Physics Exam (Nickel) 12:30 pm – Law Studies 12 to Kelowna Law Courts (Schulz) 12:40 pm – Mountain Biking to Smith Creek (Green)
<b>May 14</b> 7/8-5/6	<b>Early Dismissal at 11:50 am – all busses are running at this time</b> <b>Capstone Day – 12:45 pm in the MPR – Second Semester English 12 students!</b>
<b>May 15</b> 3/4-1/2	12:40 pm – Mountain Biking to Smith Creek (Green)

### **MBSS Sports Teams Schedules:**



#### **[Athletics - Central Okanagan Public Schools](#)**

School Sports Teams Schedules are posted on the Central Okanagan Public Schools Athletics page and can also be found using the link above. Questions? Please connect with your student's coach!

## PARENTS/STUDENTS

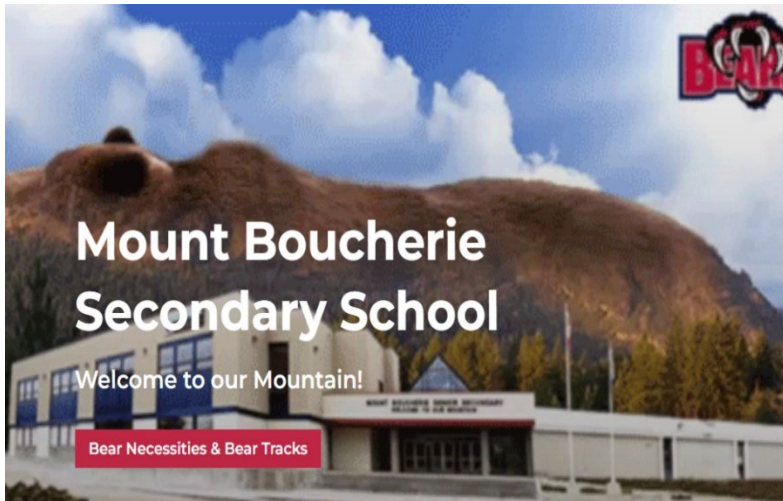


### MBSS Spring Spirit Wear is Back!!!

Order deadline: Sunday, May 3 @ 11:59 pm

Click on the following link to order:

<https://mbssspiritspring26.itemorder.com/shop/home/>



Read our daily announcements "Bear Necessities" and our weekly newsletter "Bear Tracks" on our website!

### Balancing Your Medicine Wheel Challenge

Hi students and parents! A group in our Indigenous Learning Community is working on a project. We have created a 20 Day Small Steps Challenge that we'd love for you to take part in. This challenge involves doing one thing from each of the categories of health on the medicine wheel everyday for 20 days.

Our goal is to see if Balance = Regulation and we need you to help us answer that. Please fill out this survey to start your 20 day journey and make a commitment to yourself. Survey: [20 day small steps challenge](#)

### feeling deflated?

you can't drive with a flat tire



### Peer Tutoring for Students!

Room 013 at lunch, Tuesdays and Thursdays

Get help for any subject!



Students are not permitted to order food (Door Dash, Dominos, SkiptheDishes, etc.) to the school as it often arrives during class time and disrupts learning. A parent/guardian may choose to deliver or drop off food for their child to be picked up in the office at lunchtime.

As an alternative, MBSS has food options available for students to purchase such as our **School Store "The Cave"** and our **Global Village Café** which offer a variety of food and beverage items – and are open during morning/afternoon breaks and during lunchtime. Also available is our **Breakfast Program** which operates every morning from 7:45 am to 8:45 am in the MPR.



**Do not miss school unless you are sick!**

If you are absent, please contact your teacher by email to find out what you need to do. You **MUST** do this work at home!



**Student Parking Areas** - Students must have a MBSS Student Parking Pass registered with MBSS and can only park in Student Parking areas:

1. Student parking area by the gym
2. Along the fence line towards Pickleball courts (student designated area only, not visitors area)
3. The dirt lot past Jim Lind Arena.

All students with motorized transportation including EBikes, EScooters and Motorbikes must register their mode of transport with the school.

**Students may not park in Staff Assigned Spaces, in Visitor Parking, or in the back of the school. Students who park in areas other than ones designated for student parking may be towed.**

**Students are reminded to be careful when walking to and from school, especially on Riffington Place.** Please use the sidewalk and do not walk down the middle of the road. We have had a few close calls and we want to keep everyone safe!



**To our MBSS Community – Student Pick Up and Drop Off:**

For student safety, if you are picking up your child, please arrange for pickup

from an alternate location to ease traffic congestion. **Also, please note that the sidewalk area, beside the portables, is reserved for SCHOOL BUS PICKUP & DROP OFF ONLY!** Here are 3 suggested areas to pick up or drop off students:

1. Royal Lepage/Jim Lind Arena
2. Riffington Place

3. Boucherie Ball Fields (along East Boundary Road)

Reminder to be respectful of our neighboring strata developments and others in the community (ie. not parking in designated handicap spots, etc). Thank you in advance for your cooperation.

## GRADUATION



**Please click on the link for the MBSS Grad 2026 Website:**

<https://sites.google.com/learn.sd23.bc.ca/mbss-grad-2026/home>

### **Important Grad Event Dates**

*\*These dates are subject to change. For the most current information, students & parents should regularly check the Grad Events Google Classroom and the Bear Necessities daily announcements.*

~~April 20 – Grad Banquet Assembly @ 9:00 am~~

**May 28 – Grad Ceremony Assembly @ 9:00 am**

**May 16 – Grad Walk and Banquet**

**June 12-13 – Grad Ceremonies**

**All grads are responsible for keeping up with grad information which is posted in the Google Classroom or the Grad Webpage (link is on the MBSS homepage or above!).**

**See information for *Dry Grad Events* at the end of this newsletter.**

## COUNSELLING

### PLANNING FOR POST-SECONDARY

**Okanagan College:** Apply now for Sept 2026! First apply, first accepted.

### Current Scholarship Opportunities

Check Google Classroom often for scholarship updates!

<https://studentscholarships.org/scholarships>

[okanagancollege.ca/awards](https://okanagancollege.ca/awards)

[scholartree.ca](https://scholartree.ca)

[www.otterco-op.crs/sites/otter/local/detail/student-scholarship-program](https://www.otterco-op.crs/sites/otter/local/detail/student-scholarship-program)

[beemcreditunion.ca/bursary](https://beemcreditunion.ca/bursary)

[www.centralokanaganfoundation.org/scholarships](https://www.centralokanaganfoundation.org/scholarships)

## CAREER LIFE PROGRAMS

### Work Experience Sign Up - For Grade 11 & 12's.

Do you have a job or are planning to get one this school year?  
Sign up for Work Experience Graduation Credits! In the Career Centre asap.  
- Work 100 hours for 4 credits / Work 200 hours for 8 credits


- \* You can sign up 2 different jobs.
- \* You can sign up twice for one job (as long as you are doing two different things at that job) to gain 8 credits.
- \* Looks great on your resume and university applications



**LOOK**  
who's in the  
**SPOTLIGHT**

[Career Spotlights Sessions!](#)

- Early Childhood Education, May 6, 10:30, Libr
- HVAC – May 7, 2pm, Library
- Coast Guard, May 12, 2:00, Career Centre
- Massage-May 13, 10:30, Career Centre
- Forestry, May 20, 9:00, Career Centre
- Environmental Public Health Svce-May28,10:30



## Post Secondary School Visits

University  
College  
Apprenticeship  
Workplace

MacEwan University – May 5, 2 pm, Career Ctr

### ATTENTION FUTURE TEACHERS!!!

*The Leadership in Action program at Camp OC* is designed to empower high school students by providing them with the tools to become confident, effective leaders. Over the course of the program, participants will engage in a range of interactive learning experiences that cover leadership fundamentals, conflict resolution skills, communication strategies, and teamwork dynamics.

**Applications in Career Centre—due date May 22**

# MOUNT BOUCHERIE SECONDARY SCHOOL

When you walk through the door you are a bear  
who is a valued part of our school community.



## Mission Statement

We will do what we can to educate and support our students in realizing their unique and full potential, and in living purposeful lives.

## Dry Grad – Saturday, May 30<sup>th</sup>

Dry Grad is not a school-sanctioned event; it is fully organized by parent volunteers and supported by generous community donors. We have been busy meeting, fundraising and planning since September!

### 1. Tickets on Sale NOW for our final fundraiser event!!

TRAIN WRECK COMEDY NIGHT – April 25<sup>th</sup> at Shannon Lake Golf Course get your tickets early! \$40 Purchase online here...<https://www.trainwreckcomedy.com/tc-events/mount-boucherie-ss-dry-grad-fundraiser/>

### 2. Ways to Contribute

Families can support Dry Grad in many ways – through time, auction items or financial contributions. For those who aren't able to help in other ways and prefer to donate funds directly, please direct donations to:

- E-Transfer: [mbss.grad.committee@gmail.com](mailto:mbss.grad.committee@gmail.com)

### 3. Return-It Express Donations

A simple way to support Dry Grad is by donating your Return-It refunds. It's quick and requires no sorting:

- Bag your empties in a clear or blue bag
- Take them to any Return-It Express machine
- **Enter our code 250.470.7586**, Print the label and Attach it to your bag
- Drop and go-no counting or sorting!!

**If you have any questions or if you have some great ideas,**

**donations or offers of time, please direct them to [mbss.grad.committee@gmail.com](mailto:mbss.grad.committee@gmail.com).**

**Our parent-volunteer team is happy to connect.**

**ATTENTION: Parents, Students and Schools**



**Central Okanagan  
Public Schools**  
Together We Learn

Central Okanagan Public Schools

is pleased to offer the "School Bus Stop" which is located on our website at [www.sd23.bc.ca](http://www.sd23.bc.ca)



School Bus Stop

Parents, students and schools can now sign up to receive email or text alerts when the school bus route is delayed.

To register for alerts and to view a complete list of bus routes displaying the current status, select the school bus icon on our website at [www.sd23.bc.ca](http://www.sd23.bc.ca) or go to the site directly at <https://schoolbusstop.sd23.bc.ca>

Our first priority is the safety and well-being of our students. Due to the varied reasons our school bus routes may be delayed or in extreme situations, cancelled, it is not practical for drivers or staff to personally phone all those affected. Safety is everyone's responsibility and we must all be diligent when staying up to date on the status of our school bus routes.

**All school bus route cancellations and delays in excess of 10 minutes will be posted on the "School Bus Stop"**

If you have signed up for the alerts, upon posting the delay, you will receive an email or text with the route delay, length of delay and reason for the delay. You could also expect to see general alerts when weather conditions or an emergent situation arises regarding the bus route.

**TRANSPORTATION SERVICES**  
6:00 AM—5:00 pm  
250-870-5151  
[transportation@sd23.bc.ca](mailto:transportation@sd23.bc.ca)

**STAY INFORMED ON BUS ROUTE DELAYS—SIGN UP TODAY!**



**Subject: Public Health Nurse Wellness Clinics in the School Settings**

To students & their parents, guardians, or representatives:

As part of Interior Health (IH) - Central Okanagan's efforts to provide access to public health nursing (PHN) support and services, IH has been offering in-school PHN Wellness Clinics for all grades and clinics will continue until the end of the school year.

At the Wellness Clinics in the school, Public Health Nurses will be available to talk with students and answer any questions about public health nursing services, such as health and wellness promotion/disease prevention information, and resources. This is also a great opportunity for senior high school students to meet with a public health nurse to assess their immunization history and ensure they have all the necessary vaccinations before they graduate. Some post-secondary schools/training programs require immunization history prior to starting the program.

Additionally, based on information gleaned from the most recent 2023 McCreary Adolescent Survey indicating a growing concern from students regarding a variety of health-related topics, these in-school clinics will offer improved access for students to reach out to a health professional.

**Checking immunization status:**

Students and parents/guardians are encouraged to review their own immunization status. HealthGateway provides secure access to health records, including immunizations. Please visit:

<https://www.healthgateway.gov.bc.ca/>

COVID-19 or Influenza vaccines will not be offered or provided at these Wellness Clinics.

Mount Boucherie Secondary School, Mr. Cartwright and public health have identified the following days and times for PHN Wellness Clinics:

Thursdays from 11:45-1:00

If you have any questions, please contact Sharie Schwab; West Kelowna Health Unit; 250-980-5160

Thank you,  
*Sharie Schwab, RN, BScN*

Public Health Nurse  
West Kelowna Health Centre



**PAYTON & DILLON  
BUDD MEMORIAL RIDE + WALK**  
JUNE 7, 2026 | SUTHERLAND BAY PARK

RIDE  
OR  
WALK

FUNDS RAISED WILL SUPPORT



**PARTICIPANT  
REGISTRATION**



[WWW.BUDDRIDE.COM](http://WWW.BUDDRIDE.COM)



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See Mrs. Gallagher in Portable B for more info.