BEAR NECESSITIES

TUESDAY, NOV 3, 2026

Bus Supervision: Erickson / Ernst / Fairey

Erickson – Front Stairs

Ernst – Front Foyer & Gender Neutral Washroom

Fairey – Sidewalks by Portables

Regular Bell Schedule	
Block 5	9:15 – 10:35
Break 11 min	10:35 – 10:46
Block 6	10:46 – 12:05
Break 40 min	12:05 – 12:45
Block 7	12:45 – 2:04
Break 10 min	2:04 – 2:14
Block 8	2:14 – 3:30

All Girls basketball tryouts this week Nov 2-6
3:30pm Monday, Tuesday & Friday – Bear Gym

SHOUT OUT to Grace Szabadi who qualified for Provincials in Cross Country! Congrats to the whole team for a great season that showed much growth & improvement in their running times.

The SCHOOL NURSE is HERE TODAY from 10-1230. Drop into the counselling centre or scan the QR code to request an appointment. This service is CONFIDENTIAL. Sharie is happy to help with any concerns, issues, or questions related to your health!

Media Literacy Week Challenge

With your class, discuss the Media Literacy Attendance questions and win a chance at a class pizza party! Teachers check your emails.



Jr Boys Basketball - Open Gym with Coach McNulty - *See Ms. Groat about Tryouts*
Thursday, Nov. 5th 3:30-5:30 (Ian Snow)
Wednesday, Nov. 12th 3:30-5:30 (Ian Snow)

During November, the Sustainability Club will collect bottle caps every Thursday. Bring five bottle caps down to the MPR every Thursday for candy. Cap collection will take place at lunch. Help us protect the environment and support sustainability. CAP-tivating change starts here!

Please come to the library to collect your "Get Caught Reading Challenge" Prize: Cole Mitzel, Malachi Huffman.

Peer Tutoring for ANY SUBJECT!
Room 013 at lunch every Tues & Thurs

The first Blood Drive of the school year will be hosted November 11 & 12. Come to the MPR November 2-6 to donate and to reserve your spot!

Counselling Centre/Career Centre (CC)

-TRU Engineering & Tech - Nov 4, 9:30 am, Library
-Strengthening Connections Indigenous Fair - Nov 19, 10:30 am, MPR
-Mt. Allison, St. Francis, U of New Brunswick - Nov 26, 2:20 pm, Careers Centre

Career Spotlights!

Tattoo Artist – Nov 10, 2:20 pm, Library
Photography – Nov 12, 9:30 am, Library
Construction - Nov 17, 2:20 pm, Library
Medical Imaging - Nov 19, 2:20 pm, Library
RCMP - Nov 25, 2:20 pm, Library
Medical Lab Tech – Dec 9, 9:30 am, Library

GoEng Girl at UBCO is back!
Grade 11/12 – Tues Nov 24 (signup by Nov 17)
Grade 9/10 – Tues Dec 1 (signup by Nov 24)
Bussing and Pizza lunch provided!
Space is limited!!
Sign up/more info in the Career Centre!

