

Ways to Practice Social Distancing at Work

1

Use technology: email, phone, or video conference.

2

Limit group work and avoid gatherings.

3

Eliminate nonessential travel. Stay home if you are ill, have recently travelled, or have symptoms.

4

Keep a distance of 2 metres (6 ft) from others.

5

Bring your lunch, eat away from others.

6

Avoid public transportation during busy times. Walk, cycle, or drive if you can.

7

Cancel or postpone nonessential meetings, gatherings, workshops, and training sessions.



**Central Okanagan
Public Schools**

Together We Learn