

**Are you concerned about your teen using
drugs or alcohol?**

**Confused about what different street
names mean?**

**Do you want to learn more about drugs
and alcohol?**

**Wondering how you can support your
teen to make healthy choices?**



YOUTH & SUBSTANCE USE: A CRASH COURSE FOR PARENTS & CAREGIVERS

**An ARC Programs Drug & Alcohol
Counsellor will facilitate discussion about:**

Basic drug education

How drugs affect the brain and body

Why teens are using drugs and alcohol

How you can help your teen stay safe

Harm Reduction & Treatment

To register for one or more sessions please email Kristi Field
at kfield@arcprograms.com



DECEMBER 18

6 – 7:30PM

**MARIJUANA &
LEGALIZATION**

JANUARY 22

6 – 7:30PM

**PILLS & POWDERS
(COCAINE, XANAX,
MOLLY)**

FEBRUARY 19

6 – 7:30PM

**UNDERSTANDING
ADDICTION**

MARCH 19

6 – 7:30PM

**MARIJUANA &
LEGALIZATION**

FOUNDRY KELOWNA

100-1815 Kirschner Road
Kelowna, BC

6:00 – 7:30pm
Third Tuesday Ever Month

www.arcprograms.com